



**INTERNATIONAL
SAMBO FEDERATION**

REGULATIONS

ON CERTIFICATION OF SAMBO ATHLETES, COACHES AND ACCREDITATION OF SAMBO CLUBS

2022

Approved by FIAS Executive Committee:

September 5, 2014

March 20, 2020

March 24, September 29, December 22, 2021

March 31, 2026



CONTENTS

GLOSSARY	4
I. GENERAL PROVISIONS	5
II. REGULATIONS ON THE CERTIFICATION PROCEDURES OF SAMBO ATHLETES	6
Article 1. Qualification Degrees	6
Article 2. Certification Participants.....	6
Article 3. Certification Requirements for Awarding a Qualification Degree	8
Article 4. Certification Procedures for Awarding a Qualification Degree	9
Article 5. Appeals Consideration during the Certification Process for Awarding a Qualification Degree	10
Article 6. Certification Requirements for Awarding a Master Qualification Degree for Athletic Performance	11
III. REGULATIONS ON THE CERTIFICATION PROCEDURES FOR SAMBO COACHES	13
Article 7. Qualification Degrees	13
Article 8. Certification Participants.....	13
Article 9. Certification Procedures for Awarding a Coaching Qualification Degree.....	14
IV. REQUIREMENTS FOR DISTINCTION SIGNS PLACEMENT ON SAMBO UNIFORM	18
Article 10. Requirements for patches placement on the SAMBO belt.....	18
Article 11. Requirements for chevrons placement on the SAMBO jacket.....	18
V. REGULATIONS ON THE ACCREDITATION PROCEDURES FOR SAMBO CLUBS.....	19
Article 12. Accreditation of SAMBO Clubs	19
ANNEXES	
Annex 1. REGISTER OF QUALIFICATION DEGREES.....	21
Annex 2. RULES FOR APPLYING DISTINCTION SIGNS ON THE SAMBO UNIFORM.....	22



CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES	23
Annex 3. I Trainee Degree 1 st Level Student — White Patch	23
Annex 4. II Trainee Degree 2 nd Level Student — Yellow Patch	24
Annex 5. III Trainee Degree 3 rd Level Student — Orange Patch.....	25
Annex 6. IV Trainee Degree 4 th Level Student — Green Patch	26
Annex 7. V Trainee Degree 5 th Level Student — Blue Patch	27
Annex 8. VI Trainee Degree 6 th Level Student — Purple Patch.....	28
CERTIFICATION REQUIREMENTS FOR AWARDING THE MASTER QUALIFICATION DEGREES	29
Annex 9. I Master's Degree CANDIDATE MASTER — Brown Patch.....	29
Annex 10. II Master's Degree MASTER — Black Patch.....	30
Annex 11. III Master's Degree GRANDMASTER — Maroon Patch	31
Annex 12. I REQUIREMENTS FOR EVALUATION OF CERTIFICATION EXAMS.....	32
CERTIFICATION REQUIREMENTS FOR AWARDING THE COACHING QUALIFICATION DEGREES	33
Annex 13. I Coaching Degree The 1st Level Master — Square Chevron.....	33
Annex 14. II Coaching Degree The 2 nd Level Master — Pentagon Chevron.....	34
Annex 15. III Coaching Degree The 3 rd Level Master — Circle Chevron.....	35
Annex 16. THE COST OF PARTICIPATION IN THE CERTIFICATION	36



GLOSSARY

The essential terms and acronyms used in these Regulations:

ACCREDITATION

The procedure for recognition and confirmation of an entity's compliance with established criteria and standards

CCC

Chief Certification Commission (FIAS level)

CERTIFICATION

The procedure for determining the conformity of a person's qualifications with certification requirements

CERTIFICATION ACTIVITIES

A set of activities related to carrying out certification

CERTIFICATION COMMISSION

A collective body comprised of experts able to perform certification activities

CERTIFICATION REQUIREMENTS

Approved rules, norms and standards, the fulfillment of which is mandatory for awarding a certain qualification degree and obtaining the corresponding certificate

CERTIFICATE

An official document confirming qualifications and status

CERTIFICATION ENTITY

An individual participating in certification procedures

CERTIFICATION CRITERIA

A set of principles and features for determining qualifications

CHEVRON

A distinction sign confirming the status of a Coaching qualification degree

EXPERT

An individual with a certain level of theoretical knowledge and practical skills in SAMBO, authorized to conduct certification

EXPERT OF NATIONAL CATEGORY

A specialist with qualifications not lower than the 1st Coaching Degree and a valid certificate

EXPERT OF INTERNATIONAL CATEGORY

A specialist with qualifications not lower than the 2nd Coaching Degree and a valid certificate

FIAS DATABASE

Automated system for registration and tracking of athletes, coaches, SAMBO clubs, NSFs

NSF

National SAMBO Federation

QUALIFICATION DEGREE

The level of compliance with the certification criteria by types of preparedness (technical, theoretical)

PATCH

A mark of distinction confirming the status of a Trainee or Master qualification degree

REGISTER OF QUALIFICATION DEGREES

A list of categories and ranks distributed in accordance with the stages of educational and training activities

SAMBO CLUB

A sport-oriented organization, carrying out activities aimed at improvement of physical health, education, training and competitions in SAMBO



I. GENERAL PROVISIONS

1. These Regulations establish a single international standard for the procedure of awarding qualification degrees in SAMBO and accreditation of SAMBO clubs.
2. The purpose of certification activities is the establishment and improvement of legal, organizational and economic conditions for the further integration of SAMBO into the international sports community.
3. **The core objectives of certification activities in SAMBO are:**
 - implementation of an international system of qualification degrees;
 - introduction of international SAMBO terminology;
 - increasing the level of basic technical preparedness of athletes; — improving the professional skills of coaches.
4. **The core principles of certification activities in SAMBO are:**
 - collegiality, transparency and objectivity of the certification procedure;
 - equality in imposing requirements to every participant of certification;
 - general availability in obtaining information for all certification participants;
 - voluntary participation in the certification procedure.
5. The certification commission is entitled to conduct certification.
6. Participation in the certification procedure is possible only after authorization in the FIAS database.
7. The purpose of accreditation is to establish the conformity of the content, level and quality of SAMBO training in SAMBO clubs with the FIAS requirements and standards.
8. **The core objectives of accreditation are:**
 - introduction of a unified system of standards for the training of SAMBO athletes in SAMBO clubs;
 - introduction of a unified format for assessing the activities of SAMBO clubs.
9. **The core principles of accreditation are:**
 - equality in imposing requirements in the process of accreditation of SAMBO clubs;
 - general availability in obtaining information for all accreditation participants;
 - voluntary participation in the accreditation procedure.
10. The content of these Regulations is open for all interested parties.

II. REGULATIONS ON THE CERTIFICATION PROCEDURES OF SAMBO ATHLETES

Article 1. Qualification Degrees

- 1.1. The register of qualification degrees is aligned with a SAMBO athlete training stage (Annex 1).
 - 1.2. To indicate the degrees, SAMBO belts with patches of various colors are used (Annex 1), which are manufactured industrially (Annex 2).
 - 1.3. SAMBO belts with patches of various colors are used only in accordance with a certain degree (Annex 1).
 - 1.4. Purchasing a SAMBO belt with patches of the corresponding color is possible only after the certification requirements (Annexes 3–11) are fulfilled by the decision of the certification commission*.
- * Participants in the certification process are required to have studied instructional material, to pass certification exams, but are not required to take part in competitions.*
- 1.5. SAMBO belts with patches of various colors can be manufactured only according to the model established by these Regulations (Annex 2).
 - 1.6. The trainee or master qualification degree shall be confirmed by a certificate.

Article 2. Certification Participants

- 2.1. Participants of certification are:
 - a) certification commission;
 - b) certification entities;
 - c) SAMBO clubs;
 - d) NSF.
- 2.2. The certification commission performs the following functions:
 - a) organizes and conducts certification;
 - b) is responsible for running and maintaining the internal certification register;
 - c) submits reports on the results of certification to an NSF.
- 2.3. The certification committee is created for the period of certification exams.



- 2.4. The membership of the certification commission is approved by the decision of an NSF from among the experts of the national category (one specialist with qualifications not lower than the 1st coaching degree) included in the NSF register of experts.
- 2.5. An expert of the national category (1st coaching degree) has the right to certify athletes only for Trainee Degree "Level Student".
- 2.6. An expert of the international category (2nd coaching degree) has the right to certify athletes for Trainee (student) and Master degrees (as part of a special FIAS commission), as well as experts of the national level (1st coaching degree).
- 2.7. The certification commission consists of the following experts:
 - at least 2 (two) individuals holding a national-level certification or higher for conducting certification for the award of apprentice degrees;
 - at least 3 (three) individuals holding an international-level certification or higher for conducting certification for the award of master degrees.
- 2.8. Responsibilities of experts:
 - a) to improve the level of professional expertise;
 - b) to confirm (improve) qualifications through systematic re-certification;
 - c) to take part in the certification procedures
- 2.9. A Chairperson and a secretary are elected from among the members of the certification commission.
- 2.10. The secretary of the certification commission prepares a report on the results of certification — a list of documents confirming the certification procedures, including
 - a) applications for participation in the certification procedures;
 - b) certification fulfillment reports.
- 2.11. All members of the certification committee perform their duties in accordance with the orders and instructions of the Chairperson.
- 2.12. The number of certification commissions depends on the number of SAMBO clubs that have submitted applications for certification.
- 2.13. The certification applicants are SAMBO athletes who participate in the certification procedure.
- 2.14. The conditions for the organization and conduct of certification are created by SAMBO clubs or a coach.



- 2.15. To ensure the development of certification activities, the NSF performs the following functions:
- a) sets the terms for certification;
 - b) provides running and maintenance of the national certification register;
 - c) considers reports on the results of certification;
 - d) ensures the registration of its members in FIAS database;
 - e) creates the conditions for the training of experts.
- 2.16. If necessary, the NSF may transfer part of its functions to SAMBO clubs.

Article 3. Certification Requirements for Awarding a Qualification Degree

- 3.1. Certification requirements — approved rules and standards, the fulfillment of which is mandatory for awarding a certain qualification degree and obtaining the corresponding certificate.
- 3.2. The principal form of certification requirements assessment is an exam.
- 3.3. Such exam should contain only the material that has been studied during the instructional and training period.
- 3.4. The exam includes the following sections:
- a) technical section — a demonstration of special exercises and SAMBO techniques;
 - b) theoretical section — knowledge of history, terminology, functions of various body systems, the basics of sports training and refereeing rules in SAMBO.
- 3.5. Each qualification stage corresponds to a minimum number of requirements for each of the sections of training.
- 3.6. Assessment of the technique demonstration and answers to questions of the theoretical section is carried out by drawing examination papers and is rated on a five-point scale (minimum rating is 3, maximum rating is 5).
- 3.7. The examination paper should contain 10 questions: 7 questions for a practical section, 3 questions for a theoretical section.
- 3.8. The maximum score for an exam is 50.
- 3.9. When summing up the certification results, the average mark should be at least 40 points.



- 3.10. In a particular case, an athlete may be asked a suggestive or additional question from any section to clarify the athlete's level of knowledge.
- 3.11. Athletes who are no younger than 7 (seven) years old are allowed to participate in the certification.*
** In the 1st year of training, to pass the intermediate exam (in December) for the transfer of athletes from the "Beginner" category to the "Student" category, 6 (six) year old athletes are allowed.*
- 3.12. The age group of the participant is determined by the year of birth.
- 3.13. The certification requirements for the assignment of qualification degrees are covered by these Regulations, being listed in Annexes 3-11.
- 3.14. Requirements for assessing exam results are defined by these Regulations and are listed in Annex 12.

Article 4. Certification Procedures for Awarding a Qualification Degree

- 4.1. Certification for awarding qualification degrees is carried out in SAMBO clubs.
- 4.2. Certification is a competition in knowledge of SAMBO theory and demonstration of SAMBO technique: samostrakhovka (breakfalls), execution quality of techniques in a ground position, execution quality of techniques in a standing position, technique of samozashchita (self-defense).
- 4.3. Certification is carried out at the end of the instructional and training period.*
** The exception is the 1st year of training when an intermediate exam (in December) is held to transfer athletes from the "Beginner" category to the "Student" category.*
- 4.4. For athletes who have not passed certification within the time frame established by the calendar plan, an NSF may schedule an additional day for certification.
- 4.5. Certification for assignment from 1 to 5 degrees takes place annually.
- 4.6. Certification for the 6th and 7th degrees, takes place with a difference of two (2) years from the assignment of the previous degree.
- 4.7. During the reporting period, an athlete may pass certification for only one degree. Except as provided in 4.8.
- 4.8. In cases where an athlete is included in the certification process having more than 1 year of SAMBO training experience (for example, in the 3rd year of training), they can undergo certification annually for two degrees (the 1st and 2nd ones), and payment is made for each degree separately.



- 4.9. The certification dates are approved by an NSF and are included in the calendar plan of sporting events of the NSF along with the posting of information on its official website.
- 4.10. Registration of certification participants is made following the online application in FIAS database.
- 4.11. Certification is carried out in the form of competitions in a solemn atmosphere.
- 4.12. The certification results are prepared by the Secretary of a Certification Commission in FIAS database in the Certification Report.
- 4.13. Based on the Certification Report approved in the database, the degree of a corresponding level is assigned to an athlete who passed successfully the exam.
- 4.14. An athlete makes patches or purchases SAMBO belts with patches of the corresponding color at their own expense, while the personal certificate is displayed in the athlete's personal account in the FIAS database, and a notification about the status change is sent to an athlete's email address.
- 4.15. An athlete may sew patches onto a SAMBO belt or purchase SAMBO belts with patches of the corresponding color only after the information on the awarding of the corresponding degree appears in the FIAS database.
- 4.16. An athlete who participated in the certification, but failed to pass the exam, may take part in another certification.
- 4.17. The cost of certification is determined in accordance with Annex 16.
- 4.18. An athlete who did not pay for the participation, is not admitted to the certification.
- 4.19. The payment is divided between the participants of the certification in accordance with Annex 16.

Article 5. Appeals Consideration during the Certification Process for Awarding a Qualification Degree

- 5.1. If disputes arise during the certification process, the party in concern may appeal to the Chairperson of the certification commission.
- 5.2. In the presence of the initiator and all members of the certification commission, such appeal is reviewed, and then the Chairperson of the certification commission makes a decision.
- 5.3. The decision of the Chairperson of a certification commission is not subject to appeal.

Article 6. Certification Requirements for Awarding a Master Qualification Degree for Athletic Performance

- 6.1. A Master qualification degree can be awarded based on the results of competitive activities (for athletic performance) without undergoing certification.
- 6.2. Qualification requirements for awarding a Master qualification degree based on the results of competitive activities are defined in these Regulations and are listed in Table 1.
- 6.3. In the FIAS Database, where the list of the athlete's achievements is indicated, the athlete is automatically granted the Master qualification degree, based on the results of competitive activity in accordance with the requirements that are defined in these Regulations.
- 6.4. In case if the competitions were held before the launch of the FIAS Database, the NSF prepares a request on a letterhead for awarding a corresponding Master degree based on the results of competitive activities with a copy of the competition reports attached and sends it by e-mail to FIAS.

Table 1 — Certification requirements for awarding a Master qualification degree based on the results of competitive activities

Qualification Degree	Result
2nd (second) Master Degree	1-2 place at the World Junior Championships (at least 1 win) 1-3 place at the continental championships (at least 1 win) 3-5 place at the World Championships (at least 1 win)
3rd (third) Master Degree	1-3 place at the continental championships (at least two times, at least 1 win) 2-3 place at the World Championships (at least two times, at least 1 win) 1 place at the World Championships (at least 1 win)

- 6.5. After studying and checking the submitted documents, the Chief Certification Commission makes a decision on awarding an applicant a Master degree of a corresponding level with the obligatory entry of information into the FIAS Database.
- 6.6. Based on information from FIAS, an athlete at their own expense makes patches or purchases SAMBO belts with patches of the corresponding color, while the personal certificate is displayed in the athlete's personal account in the FIAS



database, and a notification about the status change is sent to an athlete's email address.

- 6.7. An athlete who applies for a Master qualification degree based on the results of their competitive activities may sew the patches onto the SAMBO belt or purchase SAMBO belts with patches of the corresponding color only after the information on assignment of a degree appears in the FIAS Database.
- 6.8. An athlete awarded a Master qualification degree based on the results of their competitive activities pays no fees.
- 6.9. If a decision is made to refuse awarding an applicant a Master degree, the Chief Certification Commission does not approve the request of the NSF in the FIAS Database.
- 6.10. Protests, appeals and complaints during the certification process for awarding a Master qualification degree are not accepted.

III. REGULATIONS ON THE CERTIFICATION PROCEDURES FOR SAMBO COACHES

Article 7. Qualification Degrees

- 7.1. The register of coaching qualification degrees is listed in Annex 1.
- 7.2. To indicate the coaching degrees, chevrons of various geometric shapes are used and are attached to the uniform in compliance with Annex 2.
- 7.3. Optionally, the logo of the federation (national, continental) can also be applied independently to the chevron in accordance with Annexes 1-2.

Article 8. Certification Participants

- 8.1. **Participants of certification are:**
 - a) Chief Certification Commission (FIAS level) - hereinafter referred to as CCC;
 - b) Certification applicants.
- 8.2. CCC is entitled to certify for coaching degrees (experts of national and international categories).
- 8.3. **CCC performs the following functions:**
 - a) organizes and conducts certification;
 - b) monitors the level of athletic and technical skills of the certification applicants, keeps track of the certification results;
 - c) notifies the certification applicants of changes that are made to the certification procedures;
 - d) is responsible for running and maintaining the FIAS certification registry;
 - e) is reporting regularly on certification data and updating accordingly the information database.
- 8.4. The CCC is created for the period of certification (seminars for coaches).
- 8.5. The CCC members are approved by the Chairperson of the FIAS Technical Commission.
- 8.6. The CCC consists of experts of the international category (at least three), from among whom a Chairperson and a secretary are elected.

- 8.7. The qualification of the CCC experts should not be lower than the 2nd Coaching Degree level.
- 8.8. The qualification of at least one of the CCC experts must correspond to the 3rd Coaching Degree level.
- 8.9. Responsibilities of experts:
 - a) to improve the level of professional expertise;
 - b) conduct active coaching, as well as academic and methodological activities;
 - c) take part in the certification procedures.
- 8.10. All CCC members perform their duties in compliance with the Chairperson's orders and instructions.
- 8.11. The certification applicants are SAMBO coaches.

Article 9. Certification Procedures for Awarding a Coaching Qualification Degree

- 9.1. Certification for awarding the coaching qualification degrees is carried out by the Chief Certification Commission (FIAS level).
- 9.2. A coaching qualification degree can be awarded based on the results of certification or the results of professional activities (for athletic performance).
- 9.3. To carry out certification for the awarding the 1st Coaching Degree at the initiative of an NSF, FIAS holds a national seminar for coaches (hereinafter referred to as the Seminar for Coaches).
- 9.4. To carry out certification for awarding the 2nd and the 3rd Coaching Degree, FIAS holds an international seminar for coaches (hereinafter referred to as Seminar for Coaches).
- 9.5. The date of holding a Seminar for Coaches is approved by the Chairperson of the FIAS Technical Commission and is included in the FIAS sports events calendar.
- 9.6. The regulations of the Seminar for Coaches should be uploaded in the FIAS Database and posted on the official FIAS website.
- 9.7. An applicant for the coaching qualification degree must fulfill all the conditions in compliance with the Regulations of the Seminar for Coaches.
- 9.8. Registration of participants at a Seminar for Coaches is based on an NSF online-application, submitted in the FIAS Database.
- 9.9. The certification is conducted at the end of a Seminar for Coaches.



- 9.10. The certification requirements for the assignment of the coaching qualification degrees are defined by these Regulations and listed in Annexes 13-15.
- 9.11. The certification results are prepared by the CCC Secretary in the FIAS Database as the Certification Report.
- 9.12. Based on the Certification Report approved in the FIAS Database, the qualification degree of the corresponding level is assigned to a coach, who passed successfully the exam, while the personal certificate is displayed in the coach's personal account in the FIAS database, and a notification about the status change is sent to a coach's email address.
- 9.13. At the end of the seminar, based on the final report, the Chairperson of the certification commission presents chevrons to the coaches who have successfully passed the exams, along with the awarding of a qualification degree of the corresponding level.
- 9.14. Chevrons for experts of the national category (1st Coaching Degree level) are made at the expense of the coach, in accordance with Annex 2.
- 9.15. Chevrons for 2nd and 3rd Coaching Degree level are made at the expense of FIAS funds.
- 9.16. The results of certification for awarding a coaching qualification degree should be uploaded in the FIAS Database.
- 9.17. The cost of participation in a seminar for coaches is determined in accordance with Annex 16 and is covered by a candidate through the FIAS Database or during the seminar accreditation.
- 9.18. If a candidate pays a fee for participation in the seminar directly at the seminar during the accreditation, the amount of the fee increases by 50 USD.
- 9.19. The funds received for the certification procedures shall cover the organizational and holding costs of the seminar.
- 9.20. Assignment of the subsequent coaching degrees is not possible without the assignment of a previous degree (with the exception of the assignment of a coaching degree based on the results of professional activity).
- 9.21. A coaching qualification degree (1st and 2nd) can be awarded based on the results of professional activity (for athletic performance).
- 9.22. To obtain a coaching qualification degree based on the results of coaching activities (the result of students), the coach must pass the seminar and pass the exam, but without paying for participation in the seminar.
- 9.23. In the FIAS Database, where the list of the athlete's achievements is indicated, his coach is automatically granted the qualification degree, based on the results of

professional activity in accordance with the requirements that are defined in these Regulations, but it activates the certificate only after passing the seminar.

- 9.24. In case if the competitions were held before the launch of the FIAS Database and are not indicated in a coach's profile, the NSF prepares and sends by e-mail to FIAS a request on a letterhead for awarding a corresponding Coaching qualification degree based on the results of professional activities with a copy of the competition reports and a document confirming the coach's involvement in the athlete's achievements (correspondence from the Ministry or department, copy of an Entry form for competitions registration with the indication of coaches of the team).
- 9.25. Qualification requirements for awarding a coaching qualification degree based on the results of competitive activities are defined by these Regulations and are listed in Table 2.

Table 2 — Certification requirements for assignment of a coaching qualification degree based on the results of their professional activities

Qualification Degree	Trainee's Performance
1st (first) Coaching Degree	1-2 place at the World Junior Championships (at least 1 win) 1-3 place at the continental championships (at least 1 win) 3-5 place at the World Championships (at least 1 win)
2nd (second) Coaching Degree	1-3 place at the continental championships (at least two times, at least 1 win) 2-3 place at the World Championships (at least two times, at least 1 win) 1 place at the World Championships (at least 1 win)

- 9.26. The assignment of a coaching qualification degree for an athlete's sports result is possible only for one coach involved in this achievement, while in the FIAS database, the connection between the coach and the athlete should be reflected in their personal account.
- 9.27. After checking the submitted documents, the Chief Certification Commission makes a decision on awarding an applicant a Coaching degree of a corresponding level with the obligatory entry of information into the FIAS Database, while the personal certificate is displayed in the coach's personal account in the FIAS database, and a notification about the status change is sent to a coach's email address.



- 9.28. Based on information from FIAS, an NSF at the expense of its own funds makes a chevron and hands it to a coach.
- 9.29. A candidate who applies for a Coaching qualification degree by the results of their professional activities may attach chevrons to their SAMBO uniform only after the information on assignment of a degree appears in the FIAS Database.
- 9.30. If a decision is made to refuse awarding an applicant a Coaching degree of a corresponding level, the Chief Certification Commission does not approve the request of the NSF in the FIAS Database.
- 9.31. Protests, appeals and complaints during the certification process for awarding a Coaching qualification degree are not accepted.

IV. REQUIREMENTS FOR DISTINCTION SIGNS PLACEMENT ON SAMBO UNIFORM

Article 10. Requirements for patches placement on the SAMBO belt

- 10.1. Patches are applied on the SAMBO belt in strict accordance with the FIAS Regulations on certification of SAMBO athletes, coaches and accreditation of SAMBO clubs (Article 1, p.p. 1,2,3,6; Annex 1).
- 10.2. Main requirements for placement of patches on SAMBO belt are as follows:
 - a) patches shall be placed on the SAMBO belt from both ends, above the manufacturer's logo and the FIAS conformity mark;
 - b) patches must be made in the form of sublimation or embroidery, have a high wear resistance and no sharp, rough elements that may cause damage.
- 10.3. The principle of applying patches on the SAMBO belt is shown in Annex 2.

Article 11. Requirements for chevrons placement on the SAMBO jacket

- 11.1. Chevrons are applied on the SAMBO jacket in strict accordance with the FIAS Regulations on certification of SAMBO athletes, coaches and accreditation of SAMBO clubs (Article 7, p.p. 1,2,3; Annex 1).
- 11.2. **Main requirements for placement of chevron on SAMBO jacket are as follows:**
 - a) chevron shall be placed on the SAMBO jacket, on the left sleeve in the middle, below the special bar "wing" by 8 cm.;
 - b) chevron must be made in the form of sublimation or embroidery, have a high wear resistance and no sharp, rough elements that may cause damage.
- 11.3. The principle of applying chevron on the SAMBO jacket is shown in Annex 2.

V. REGULATIONS ON THE ACCREDITATION PROCEDURES FOR SAMBO CLUBS

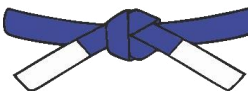
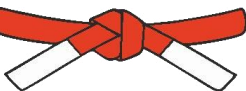
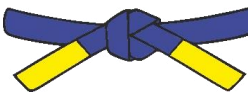
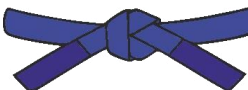
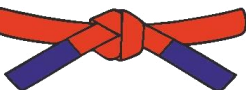
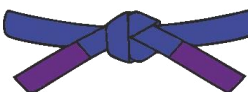
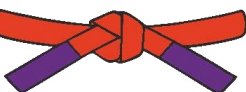
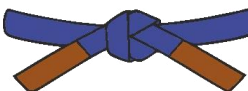
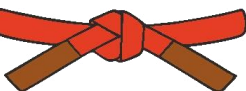
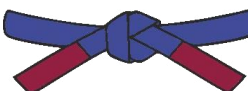
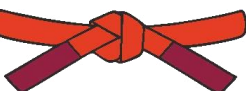
Article 12. Accreditation of SAMBO Clubs

- 12.1. Accreditation is the main form of confirmation of compliance of a SAMBO club (hereinafter the Club) with the FIAS criteria for the quality of training athletes, the structure of the educational and training process, the organization and staging of certification procedures and competitions.
- 12.2. The purpose of accreditation is to establish the conformity of the content, level and quality of SAMBO athletes training with the FIAS requirements.
- 12.3. Accreditation is initiated by a Club.
- 12.4. For accreditation, a Club submits a package of documents addressed to an NSF President.
- 12.5. The package of documents for accreditation includes:
 - a) a written statement (in free form), signed by a person in charge and stamped by the Club's seal;
 - b) a copy of the Club's registration certificate (if applicable);
 - c) payment notice of 100 USD payment to the FIAS banking account;
 - d) information on the athletes' certification results for the past 2 years (if any);
 - e) information on the coaches' certification results (if any);
 - f) the Club's presentation in the digital format: PowerPoint, JPG, PNG, PDF, etc.
- 12.6. For accreditation of a Club, the NSF prepares in the FIAS Database an official request on a letterhead (indicating a full name and address of the Club, a contact person and contact information of the Club: phone, fax, email address).
- 12.7. The timing of a Club's accreditation is set by FIAS.
- 12.8. For the time of a Club's accreditation, Chief Accreditation Commission (CAC) is being established.
- 12.9. The CAC members are approved by the Chairperson of the FIAS Technical Commission.
- 12.10. The CAC consists of experts of the international category (at least two), from among whom a Chairperson and a secretary are elected.

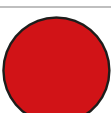
- 12.11. The qualifications of the CAC experts should not be lower than the 2nd Coaching Degree level.
- 12.12. **Upon a Club's accreditation, the following shall be established:**
- a) compliance of the educational and training process arrangement with the FIAS requirements;
 - b) compliance of the athletes' level of training with the FIAS requirements;
 - c) the qualification level of the Club's coaching staff;
 - d) information on the athletes' certification results for the past 2 years (if any);
 - e) information on the coaches' certification results (if any);
 - f) the Club's material and technical equipment.
- 12.13. Based on the results of accreditation, the CAC Chairperson draws up a final statement.
- 12.14. A CAC's positive statement is the basis for the recognition of a Club accredited by FIAS.
- 12.15. Within 10 days following the making of the corresponding decision, the FIAS Technical Commission Chairperson will approve or deny the accreditation request in the FIAS Database.
- 12.16. Based on information on the accreditation results in the FIAS Database, the Club at its own expense makes a FIAS accreditation certificate following the established model.
- 12.17. Information on a Club accreditation shall be uploaded in the FIAS Database.
- 12.18. An accredited club pays an annual fee of 100 USD (bank transfer according to FIAS details) for the extension of accreditation.
- 12.19. The reason for denial of accreditation to a Club is the non-compliance with the requirements established by these Regulations.
- 12.20. Protests, appeals and complaints in the course of the accreditation process are not accepted.
- 12.21. Re-accreditation can be carried out at the request of a Club no earlier than twelve months following the date of accreditation denial.
- 12.22. In case of violation of the requirements of this Regulation, the club may be deprived of its license.
- 12.23. Restoration of the club's status is possible only with re-accreditation, but not earlier than twelve months after the date of revocation of the license.

REGISTER OF QUALIFICATION DEGREES

STUDENT AND MASTER DEGREES

Year of Training	Stage Name	Qualification Degree	Distinction Sign
1 st year	1 st Level STUDENT	1 st (first) trainee	 
2 nd year	2 nd Level STUDENT	2 nd (second) trainee	 
3 rd year	3 rd Level STUDENT	3 rd (third) trainee	 
4 th year	4 th Level STUDENT	4 th (fourth) trainee	 
5 th year	5 th Level STUDENT	5 th (fifth) trainee	 
6 th year	6 th Level STUDENT	6 th (sixth) trainee	 
7-8 th year	Candidate MASTER	1 st (first) Master	 
9-10 th year	MASTER	2 nd (second) Master	 
11-12 th year	GRANDMASTER	3 rd (third) Master	 

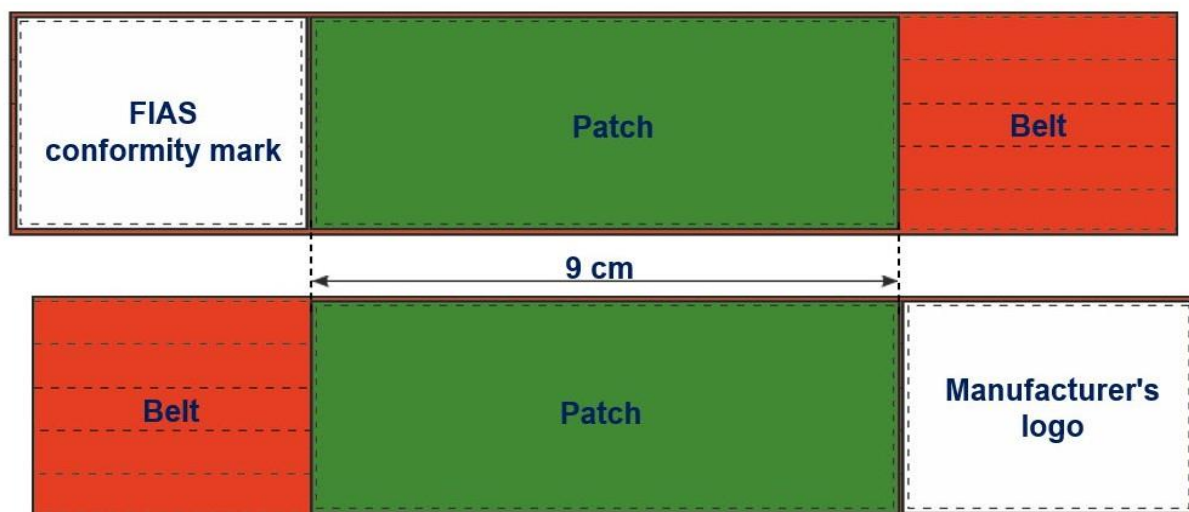
COACHING DEGREES

Stage Name	Qualification Degree	Distinction Sign
MASTER of the 1 st Level	1 st (first) Coaching	 National SAMBO Federation level
MASTER of the 2 nd Level	2 nd (second) Coaching	 Continental SAMBO Federation level
MASTER of the 3 rd Level	3 rd (third) Coaching	 International SAMBO Federation level

Annex 2

RULES FOR APPLYING DISTINCTION SIGNS ON THE SAMBO UNIFORM

ATTACHING PATCHES TO THE BELT



ATTACHING CHEVRONS TO THE UNIFORM



For patches (chevrons) lusterless, opaque, dense synthetic fabric should be used.

- a) a patch (chevron) should be resistant to abrasion, and deformation, it should not leave stains;
- b) color resilience, wear resistance and durability should be high;



- c) fabric texture should be unified and smooth; the edges of a patch (chevron) should not be rough or sharp.

Annex 3

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

I TRAINEE DEGREE “1ST LEVEL STUDENT” — WHITE PATCH

Examination Sections	1 st year of training
	BEGINNER (No patch)
1. Technical Section	Samotrakhovka (Breakfalls): — on the back with a rock from the squat position, — to the side with a rock from the squat position, — on the side by rolling from the squat position, — forward on hands from the squat position.
	Uderzhaniye (Hold-downs): — from the head, — on top (mount position), — from the side with a grip of the arm and neck, — cross body by hands gripping, — from the legs with a girth of the torso along with the arm.
	Perevorachivaniye (turnover): — by rychag (a lever), — by hands gripping from the side.
	<u>Brosok (throws):</u> Vyvedenie iz ravnovesiya (Unbalancing): — by twisting an opponent standing on their knee, — by pushing an opponent standing on their knee, — by pulling an opponent in a squat position.
2. Theoretical Section	What is SAMBO (definition, basic principle).
	Hygienic requirements for SAMBO uniform and footwear, for the training grounds.
	SAMBO uniform, wearing rules, belt tying rules.
1 st Level STUDENT (White patch)	
1. Technical Section	Samotrakhovka (Breakfalls): — on the back with a rock from the standing position, — to the side with a rock from the standing position, — on the side by rolling forward over the shoulder from the standing position, — forward on hands from the standing position, — forward onto a bridge by rolling from the squat position.
	Uderzhaniye (Hold-downs): — from the side by gripping the torso and the arm, — from the head with a torso girth, — on top (mount position) with obviv (grapevine) of legs outside, — cross body by gripping the arm and the hip.
	Bolevoy priyom (Painful holds): — uzel (knot) of shoulder after the uderzhaniye (hold-down) from the side, — rychag (lever) of elbow through the hip after the uderzhaniye (hold-down) from the side.
	Perevorachivaniye (turnover) — by gripping leg and arm.
	<u>Brosok (throws):</u> Vyvedenie iz ravnovesiya (Unbalancing): — by pushing, — by twisting;
	By inside shin gripping, Back podnozhka by gripping an arm and belt.
2. Theoretical Section	The history of the creation of SAMBO.

* In exceptional cases (a large number of participants), exercises can be performed simultaneously in a row (s) or column (s).



	The cause of injuries. Injury prevention. Breakfalls techniques.
	SAMBO warm-up plan.

Annex 4

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

II TRAINEE DEGREE “2ND LEVEL STUDENT” — YELLOW PATCH

Examination Sections	2 nd year of training
	2 nd Level STUDENT
1. Technical Section	Samotrakhovka (Breakfalls): — on the back by jumping back from the standing position, — on the back by jumping forward from the standing position (half-flip), — on side with rolling from the standing position over the opponent's hand, — forward on arms by jumping from the standing position.
	Uderzhaniye (Hold-downs): — from the side by gripping both arms, — from the head standing on the knees by gripping lapels from under the arms, — reverse cross body by gripping a hand and a hip.
	Bolevoy priyom (Painful holds): — uzel (knot) of shoulder by the leg after uderzhaniye (hold-down) from the side, — rychag (lever) of after cross body uderzhaniye (hold-down), — rychag (lever) of knee, locking hip by crossed legs.
	Perevorachivaniye (turnover): — by gripping the wing of the jacket: — by twisting, — by pushing.
	Brosok (Throws): — by inside ankle grip, — front podnozhka (trip) by gripping an arm and belt, — back otkhvat (reaping) by an arm and belt grip, — over hip with the belt grip.
	Samozashchita (Self-defense) (defender in a ground position) when attacked by an opponent (standing and lying down): — from the legs, — on top (mount position), — from the side, — from the head.
2. Theoretical Section	Sambo terms.
	General and special-preparatory exercises.
	The general day regime of the sambo athletes.
	Information about the human musculoskeletal system.

Demonstration of uderzhaniye (hold-downs), bolevoy priyom (painful holds), and broсок (throws) is carried out to the right or left, at the commission's discretion.

Annex 5

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

III TRAINEE DEGREE “3RD LEVEL STUDENT” — ORANGE PATCH

Examination Sections	3 rd year of training
	3 rd Level STUDENT
1. Technical Section	Bolevoy priyom (Painful holds): — reverse uzel (knot) of shoulder after uderzhaniye (hold-down) from the side, — rychag (lever) of elbow to an opponent lying on their chest, — rychag (lever) of knee after zatsep (hook) of a leg to an opponent standing on the knees and hands, — ushchemlenie (crush) of Achilles tendon in the sitting position by gripping the ankle under the shoulder (of the same-named or different-named leg).
	Perevorachivaniye (turnover) by gripping the wing of the jacket: — by gripping the belt, placing the leg on the neck, — by gripping the forearm from the inside.
	Brosok (Throws): — by shin gripping from the outside, — by leg gripping and by pushing , — back podnozhka (trip) on the heel with gripping an arm with both arms , — inside zatsep (hook) by shin by pushing, — outside podkhvat (reaping) by gripping an arm and belt on the stomach, — over head with the ankle rest against stomach, by gripping neck and arm, — over back by gripping the arm over the shoulder (shoulder throw), — over chest by sitting down by gripping the same-side arm and torso from the side.
	Samozashchita (self-defense): — against the arm grip (same-named, different-named) with the arm(-s), — against the grip of clothing.
2. Theoretical Section	Types of combat sports of the world. National combat sports varieties as the SAMBO base.
	Information about the hydration regime and nutrition.
	SAMBO techniques: brosek (throws), bolevoy priyom (painful holds), uderzhaniye (hold-downs), strikes and chokeholds.
	The SAMBO competitions, their goals and objectives. Weight categories. Prohibited techniques in SAMBO.

Demonstration of uderzhaniye (hold-downs) and bolevoy priyom (painful holds), and brosek (throws) is carried out to the right or left, at the commission's discretion.

Samozashchita (self-defense) techniques demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

IV TRAINEE DEGREE “4TH LEVEL STUDENT” — GREEN PATCH

Examination Sections	4 th year of training
	4 th Level STUDENT
1. Technical Section	Bolevoy priyom (Painful holds): — rychag (lever) of elbow by gripping the arm between the legs, — direct uzel (knot) of shoulder after cross-body uderzhaniye (hold-down), — rychag (lever) of foot to the opponent attacking from behind from above (crossing his legs on the body), — ushchemlenie (crush) of calf muscle in the sitting position by gripping the ankle under the shoulder (of the same-named or different-named leg).
	Udushayushchiy (Chokeholds) by hands: — with the forearm from behind, — by shoulder and forearm from behind resting on the back of the head.
	Brosok (Throws): — by heel gripping from the outside by twisting, — by legs gripping, taking them to the sides and turning the torso, — back podnozhka (trip) with leg grip, — front podsechka (sweep) in the knee while stepping back, — outside zatsep (hook) by foot, — inside podkhvat (reaping) by stepping-out, — podsad (lifting) by shin from inside, — over head with the ankle rest against stomach, with the grips of an arm and belt, — over hip with the torso girth, — over back by gripping a lapel with both hands, — over chest by gripping the same-named arm and torso.
	Samozashchita (self-defense): — against the torso girth from the front without arms, — against the torso girth from the front with arm (arms), — against the torso girth from behind without arms, — against the torso girth from behind with arm (arms).
2. Theoretical Section	SAMBO disciplines (varieties), distinctive features.
	Athlete's weight, weight correction methods.
	The SAMBO athlete's physical training, fundamental principles.
	Weigh-In procedure at competitions.

Demonstration of uderzhaniye (hold-downs) and bolevoy priyom (painful holds), and brosok (throws) is carried out to the right or left, at the commission's discretion.

Samozashchita (Self-defense) techniques demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

V TRAINEE DEGREE “5TH LEVEL STUDENT” — BLUE PATCH

Examination Sections	5 th year of training
	5 th Level STUDENT
1. Technical Section	Bolevoy priyom (Painful holds): — rychag (lever) of elbow to the opponent attacking from the legs, — reverse uzel (knot) of shoulder by the arms to an attacker from the legs, — rychag (lever) of knee after inside (outside) zatsep (hook) by shin with sitting down, — uzel (knot) of hip by the leg after uderzhaniye (hold-down) on top (mount position), — ushchemlenie (crush) of calf muscle over the same-named shin to an opponent standing on the knees and hands.
	Udushayushchiy (Chokeholds) using jacket lapels: — attacker on top, opponent on his back, crossing the forearms with the palms up, — attacker on top, opponent on his back, crossing the forearms with the palms down.
	Perevorachivaniye (Turnover) by gripping the lapels with overturning backwards an opponent in position on their knees and hands, the same over the leg (podnozhka (trip) on the heel).
	Brosok (Throws): — by outside hip gripping, — by reverse legs gripping, — front podnozhka (trip) with a leg grip, — inside podsechka (sweep), — outside zatsep (hook) by shin of the different-named leg, — outside podkhvat (reaping) with a leg grip, — outside podsad (lifting) by different-named hip, — over head with the ankle rest against inside the hip with a one-sided grip of the arm with two hands, — over hip with the head grip, — over back by gripping a lapel and arm, — over chest by gripping an arm and torso from the front.
	Samozashchita (self-defense) against the neck grips (udushayushchiy (chokeholds) from side, back, front, with one's arm.
2. Theoretical Section	The legitimacy of SAMBO techniques application, the concept of necessary defense.
	The concepts of athletic form, fatigue, recovery, over-training.
	SAMBO refereeing rules — technical actions scoring; warnings.

Demonstration of uderzhaniye (hold-downs) and bolevoy priyom (painful holds), and broсок (throws) is carried out to the right or left, at the commission's discretion.

Udushayushchiy (Chokeholds) and samozashchita (self-defense) technique demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE STUDENT QUALIFICATION DEGREES

VI TRAINEE DEGREE “6TH LEVEL STUDENT” — PURPLE PATCH

Sections of Examination	6 th year of training
	6 th Level STUDENT
1. Technical Section	Bolevoy priyom (Painful holds): — rychag (lever) of elbow by gripping the hand between the legs sitting back, to an opponent standing on their knees and hands, — reverse uzel (knot) of shoulder with the arms after cross-body uderzhaniye (hold-down), — rychag (lever) of knee after obviv (grapevine), — uzel (knot) of hip by arms after cross-body uderzhaniye (hold-down), — ushchemlenie (crush) of Achilles tendon on the opponent's crossed legs as a counter action against of ushchemlenie (crush) of Achilles tendon.
	Udushayushchiy (Chokeholds) using jacket lapels: — from behind with two lapels, — from behind with a lapel, locking their hand.
	Perevorachivaniye (Turnover) an opponent lying on the chest by gripping two lapels with a fall on the back followed by transition to uderzhaniye (hold-down) with reverse neck grip and lapel grip under the opponent body.
	Brosok (Throws): — by outside reverse heel gripping, — melnitsa (“Windmill”) by gripping the arm and same-named leg, — by gripping legs and moving them to the side, — front podnozhka (trip) on heel by gripping an arm under the shoulder, — back podsechka (sweep), — inside zatsep (hook) by foot, — inside podkhvat (reaping) by jumping, — inside podsad (lifting) to the same-named hip, — bosok (Throw) over head with the foot rest against the stomach by gripping an arm and lapel, — over hip by gripping the same-named arm and belt on the back, — over back by gripping an arm under the shoulder, — over chest by gripping an arm and a leg from the inside.
	Samozashchita (self-defense): — hand strikes (straight, side, from the bottom, with a swing, with a turn), by a fist, by a base of a palm, by fingers, by elbow, — leg kicks (straight, side, from the bottom, with a turn), by a knee, by the toes, by a foot rib, by a heel.
2. Theoretical Section	National SAMBO Federation, history of its foundation, management, outstanding SAMBO athletes.
	Sports nutrition and dietary supplements.
	SAMBO refereeing rules — responsibilities and rights of an athlete.

Demonstration of uderzhaniye (hold-downs) and bolevoy priyom (painful holds), and broсок (throws) is carried out to the right or left, at the commission's discretion.

Udushayushchiy (Chokeholds) and samozashchita (self-defense) technique demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE MASTER QUALIFICATION DEGREES

I MASTER'S DEGREE "CANDIDATE MASTER" — BROWN PATCH

Examination Sections	7-8 th year of training
	Candidate MASTER
1. Technical Section	Bolevoy priyom (Painful holds): — rychag (lever) of elbow by the legs to an opponent standing on their knees and hands, — reverse uzel (knot) of shoulder by the leg to an opponent attacking from the legs, — ushchemlenie (crush) of biceps over the forearm, by gripping the arm between the legs, — rychag (lever) of both hips after transition to the ushchemlenie (crush) of calf muscle to an opponent standing on their knees and hands uzel (knot) of hip during uderzhaniye (hold-down) from the side when the opponent attacking with the zatsep (hook) by shin (or pushing leg to head), — ushchemlenie (crush) of calf muscle to an opponent standing on the knees and hands by the different-named shin.
	Udushayushchiy (Chokeholds) by legs when the opponent attacking from the legs.
	Brosok (Throws): — by gripping a leg and a different-named arm, — melnitsa ("Windmill") by gripping an arm and a different-named leg, — by alternating legs gripping, — front podnozhka (trip) by the knee, — side podsechka (sweep) in step pace, — obviv (grapevine), — Back podkhvat (reaping) by an arm grip under the shoulder, — podsad (lifting) by shin of both hips ("Konek"), — over head with the foot rest against the hip, — over hip with the leg grip, — over back throw by gripping the lapels, — over chest by gripping an arm and a leg from the outside.
	Samozashchita (self-defense) against the opponent's strikes with arms: — by arms (parrying, block, by placing, grips), — by torso (dives, dodge), — by legs (shortening, distancing, squatting).
	Samozashchita (self-defense) against the opponent's kicks with legs: — by arms (parrying, block, by placing, grips), — by torso (dives, dodge), — by legs (parrying, block, placings, shortening, distancing, squatting).
	Head strikes (front, back).
2. Theoretical Section	Refereeing beach SAMBO rules.
	Training session planning, control of sports loading, its amount and intensity.
	Doping and its consequences.
	Referee board in sambo, the functional duties of the referee.

SAMBO and samozashchita (self-defense) technique demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE MASTER QUALIFICATION DEGREES

II MASTER'S DEGREE "MASTER" — BLACK PATCH

Examination Sections	9-10 th year of training
	MASTER
1. Technical Section	Bolevoy priyom (Painful holds): - rychag (lever) of elbow from the standing position, sitting down, knocking out the leg with the foot, - uzel (knot) of shoulder (direct and reverse) by legs to an opponent standing on their knees and hands, - ushchemlenie (crush) of biceps over the forearm by gripping the arm with the legs by putting a shin above, - rychag (lever) of knee by rolling from the standing position, threatening with inside podkhvat (reaping), - uzel (knot) of hip with leg after threatening by ushchemlenie (crush) of Achilles tendon by gripping the leg under the shoulder in a sitting position ushchemlenie (crush) of calf muscle over the same-named shin to an opponent attacking from the legs.
	Udushayushchiy (Chokeholds) by legs by rolling to an opponent standing on their knees and hands by rolling.
	Brosok (Throws): - vertushka (rotation throw) by gripping arm with two hands, - side perevorot (turning throw), - reverse melnitsa ("Windmill"), - with legs by different grips, - front podsechka (sweep) with fall, - inside zatsep (hook) by shin with the same-named leg, - outside podkhvat (reaping) by gripping an arm under the shoulder, - nozhnitsy ("Scissors") under a single leg, - over head with the foot rest against the stomach at the step pace, - lateral brosek (throw) over hip, - over back with crossed arms grip, - over chest with an obviv (grapevine).
	Samozashchita (self-defense): - ways of escorting an opponent with rychag (lever) of fingers, with rychag (lever) of wrist, with rychag (lever) of forearm, with uzel (knot) of wrist, with uzel (knot) of forearm, with uzel (knot) of shoulder, by gripping their clothes, neck, legs. - Interaction with a partner in the process of mutual escorting an opponent (various methods).
2. Theoretical Section	International Sambo Federation (FIAS). FIAS role in the development of SAMBO in the world.
	Anti-doping regulations.
	Planning of preparation for a competition.
	SAMBO refereeing rules - withdrawal from a bout, disqualification.

SAMBO and samozashchita (self-defense) technique demonstration is carried out in one direction.

CERTIFICATION REQUIREMENTS FOR AWARDING THE MASTER QUALIFICATION DEGREES

III MASTER'S DEGREE "GRANDMASTER" — MAROON PATCH

Examination Sections	11-12th year of training
	GRANDMASTER
1. Technical Section	Bolevoy priyom (Painful holds): — transition to rychag (lever) of elbow by jumping, vyvedenie iz ravnovesiya (unbalancing) the opponent by twisting, — reverse uzel (knot) of shoulder by legs by rolling to an opponent standing on their knees and hands, — rychag (lever) of knee after nozhnitsy ("Scissors") (on one or both legs), — uzel (knot) of hip (-s) by legs turning in a standing position after a brosok (throw) by the legs gripping, to an opponent lying on his back, — ushchemlenie (crush) of Achilles tendon after brosok (throw) by leg gripping and turning the opponent on the chest by stepping-over with a turn.
	Combined options of udushayushchiy (chokeholds).
	Brosok (Throws): — vertushka (Rotation throw) by reverse arm gripping with two hands, — front perevorot (turning throw), — melnitsa ("Windmill") by gripping a leg and neck, — by legs gripping to the back, — lateral podsechka (sweep) stepping in a circle, — zatsep (Hook) by shin from behind, — back otkhvat (reaping) with the leg grip, — mozhnitsy ("Scissors") under both legs, — circle throw (over head) with the foot in the stomach, lying across, — reverse brosok (throw) over hip, — reverse brosok (throw) over back, — over chest with podsad (lifting) by hip.
	Samozashchita (self-defense): — against the opponent armed with a stick, — against the opponent armed with a knife, — against the opponent armed with a pistol.
2. Theoretical Section	International sports movement. The place of SAMBO in the international sports movement.
	Specifics of refereeing combat sambo competitions.
	Long-term planning of SAMBO athlete training.
	The competition officials of the sambo competitions.

SAMBO and samozashchita (self-defense) technique demonstration is carried out in one direction.

REQUIREMENTS FOR EVALUATION OF CERTIFICATION EXAMS

Section title		Score in points for each technique		
		5 (five points)	4 (four points)	3 (three points)
PRACTICAL SECTION	1. Samostrakhovka (Breakfalls) Technique	Amplitude performance, proper cushioning and tucking	Small performance amplitude, mistakes in cushioning and tucking	No amplitude, cushioning and tucking
	2. SAMBO technique in ground position	Correct position locking, accurate painful hold or chokehold impact	Mistakes in position locking, insufficient painful hold or chokehold impact	No position locking, incorrect or absent painful hold or chokehold impact
	3. SAMBO technique in standing position	Proper phase structure of a throw, correct direction of strength, balance control	Mistakes in phase structure of a throw, mistakes in direction of strength, unstable balance	The absence of one of the throw phases, the wrong direction of strength, loss of balance
	4. Striking technique	The correct phase structure of a strike	Errors in the phase structure of a strike	Incorrect phase structure of a strike
	5. Self Defense Technique	Proper phase structure of a technique, correct direction of strength, balance control	Mistakes in phase structure of a technique, mistakes in direction of strength, unstable balance	The absence of one of technique phases, the wrong direction of strength, loss of balance
THEORETICAL SECTION	6. SAMBO History	Exact, comprehensive answer	Inaccuracies in the answers	Incorrect answer
	7. SAMBO Rules	Exact, comprehensive answer	Inaccuracies in the answers	Incorrect answer
	8. SAMBO Athlete's Training	Exact, comprehensive answer	Inaccuracies in the answers	Incorrect answer
	9. The Biological Fundamentals of SAMBO Training	Exact, comprehensive answer	Inaccuracies in the answers	Incorrect answer



CERTIFICATION REQUIREMENTS FOR AWARDING THE COACHING QUALIFICATION DEGREES

I COACHING DEGREE “THE 1ST LEVEL MASTER” — SQUARE CHEVRON

No.	SECTION TECHNICAL PREPARATION (demonstration of technique) *
1	Samostrakhovka (Breakfalls)
2	SAMBO technique in ground position
3	SAMBO technique in standing position
4	Samozashchita (self-defense) technique against grips, strikes
5	Technical action in standing position - several performance options
6	Technical action in ground position - several performance options
<i>* A practical exam is taken on examination papers which include 10 assignments, of which: each 2 assignments from the first four sections, and each one assignment from the 5th and 6th sections</i>	

No.	SECTION TECHNICAL PREPARATION (written test) *
1	SAMBO Technique Classification
2	SAMBO History
3	SAMBO Refereeing Rules
<i>* The written test is presented with examination papers for the options, and includes 10 questions, of which: 6 questions on the 1st section, and each 2 questions on the 2nd and 3rd sections</i>	

No.	ASSESSMENT OF PROFESSIONAL ACTIVITY (certification results) *
1	At least 20 trainees certified for the 1st student degree
2	At least 15 trainees certified for the 2nd student degree
3	At least 10 trainees certified for the 3rd student degree
4	At least 5 trainees certified for the 4th student degree
<i>* A copy of the certification exam protocol submitted for accreditation</i>	

To carry out certification for awarding the I Coaching degree, an NFS organizes a National Seminar for Coaches.
A National Seminar for Coaches is held in the national language.
Certification requirements are presented in the national language.

CERTIFICATION REQUIREMENTS FOR AWARDING THE COACHING QUALIFICATION DEGREES

II COACHING DEGREE “THE 2ND LEVEL MASTER” — PENTAGON CHEVRON

No.	SECTION TECHNICAL PREPARATION (demonstration of technique) *
1	Samotrakhovka (Breakfalls)
2	SAMBO technique in ground position
3	SAMBO technique in standing position
4	Samozashchita (self-defense) technique against grips, strikes, and assaults with weapons
5	Combination of technical actions
* A practical exam is taken on examination papers which include 10 assignments, of which: one assignment from the 1st section; each 2 assignments from the 2nd, 3rd and 4th sections, and three assignments from the 5th section	

No.	SECTION TECHNICAL PREPARATION (written test) *
1	SAMBO Technique Classification
2	SAMBO refereeing rules
3	Rules for organizing and holding SAMBO competitions
* The written test is presented with examination papers for the options, and includes 20 questions, of which: 10 questions on the 1st section, 7 questions on the 2nd section and 3 questions on the 3rd section	

No.	ASSESSMENT OF PROFESSIONAL ACTIVITY (certification results) *
1	At least 30 trainees certified for the 1st student degree
2	At least 20 trainees certified for the 2nd student degree
3	At least 15 trainees certified for the 3rd student degree
4	At least 10 trainees certified for the 4th student degree
5	At least 5 trainees certified for the 5th student degree
* A copy of the certification exam protocol submitted for accreditation	

To carry out certification for awarding the II Coaching degree, FIAS organizes an International Seminar for Coaches

An International Seminar for Coaches is held in English, and certification requirements are presented in 4 languages (English, French, Spanish, Russian).

CERTIFICATION REQUIREMENTS FOR AWARDING THE COACHING QUALIFICATION DEGREES

III COACHING DEGREE “THE 3RD LEVEL MASTER” — CIRCLE CHEVRON

No.	SECTION TECHNICAL PREPARATION (demonstration of technique) *
1	Samotrakhovka (Breakfalls)
2	SAMBO technique in standing position and in ground position
3	Samozashchita (self-defense) technique against grips, strikes, and assaults with weapons
* A practical exam is taken on examination papers which include 10 assignments, of which: one assignment from the 1st section; six assignments from the 2nd section, from the 3rd section	

No.	SECTION TECHNICAL PREPARATION (written test) *
1	SAMBO Technique Classification
2	SAMBO refereeing rules
3	Particularities of a SAMBO athlete training activities
4	Rules for organizing and holding SAMBO competitions
* The written test is presented with examination papers for the options, and includes 10 questions, of which: 3 questions on the 1st and 2nd sections, and 2 questions on the 3rd and 4th sections	

No.	ASSESSMENT OF PROFESSIONAL ACTIVITY (certification results) *
1	At least 40 trainees certified for the 1st, 2nd, and 3rd student degree
2	At least 30 trainees certified for the 4th and 5th student degree
3	At least 5 trainees certified for the 1st and 2nd master degree
* A copy of the certification exam protocol submitted for accreditation	

To carry out certification for awarding the II Coaching degree, FIAS organizes an International Seminar for Coaches

At an International Seminar for Coaches, only examinations by sections are carried out, without preliminary preparation, that is, following the accreditation of the seminar participants, an exam is conducted across all the training sections, and after that the results are summarized and the results of the seminar are announced.

Certification requirements are presented in English, and the theoretical exam is held in the form of spoken answers on examination papers.

THE COST OF PARTICIPATION IN THE CERTIFICATION FOR AWARDING THE STUDENTS, MASTERS AND COACHING QUALIFICATION DEGREES

STUDENT DEGREES

Year	Stage	Degree	Patch color	Participation cost
1 st year	1 level	1 (first)	 white	50\$
2 nd year	2 level	2 (second)	 yellow	50\$
3 rd year	3 level	3 (third)	 orange	50\$
4 th year	4 level	4 (fourth)	 green	70\$
5 th year	5 level	5 (fifth)	 blue	70\$
6 th year	6 level	6 (sixth)	 purple	100\$

MASTER DEGREES

Year	Stage	Degree	Patch color	Participation cost
7-8 th year	candidate	1 (first)	 brown	150\$
9-10 th year	master	2 (second)	 black	200\$
11-12 th year	grandmaster	3 (third)	 maroon	250\$

The distribution of funds received from the certification:

- 40% is paid to the certification organizer (club or coach);
- 20% is paid to the certification commission;
- 10% is paid to the NSF for each athlete;
- 10% is paid to the CSF for each athlete;
- 20% is paid to FIAS for each athlete.

COACHING DEGREES

Stage	Coaching degree	Distinction Sign	Participation cost
National	1 (first)	square	100\$
International	2 (second)	pentagon	150\$
	3 (third)	round	200\$



WWW.SAMBO.SPORT